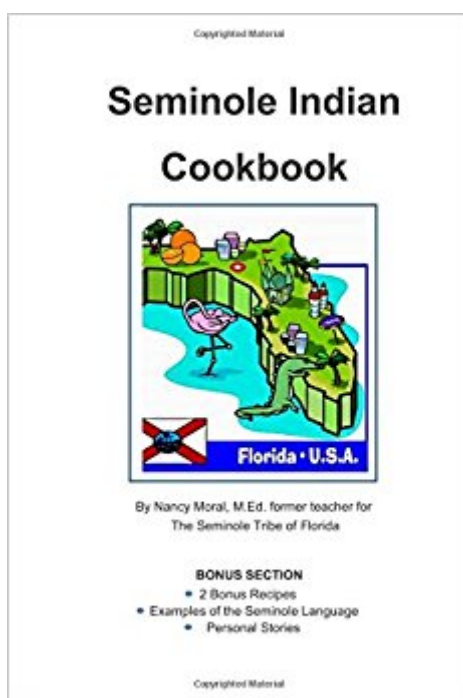


The book was found

Seminole Indian Cookbook: By Nancy Moral, M.Ed., Former Teacher For The Seminole Tribe Of Florida (1)



Synopsis

The recipes in the Seminole Indian Cookbook include first-hand accounts shared with the author by women of the Seminole Tribe of Florida. These recipes contain the best of natural foods found in Florida's exceptional and unique environment: Pumpkin Soup, Indian Fry Bread, Chilled Seagrape Soup with Rum, Seafood Corn Pudding, Wild Boar Stew, Venison Stew, Squirrel Stew, Fried Frog Legs, Roast Rabbit, Corn Stuffing, Indian Pudding, Corn Mush and Alligator Strips. There is also a BONUS SECTION with 2 Bonus Recipes, examples of the Seminole language and a few personal stories by the author about her time with the Seminole Tribe of Florida. There are also extra blank pages for notes. "I would like to thank Louise Jumper, Lotti Jim and Betty King for making me feel at home. Thank you to the many other men and women of the Seminole Tribe of Florida who so graciously received me as a friend and included me in their lives and, most importantly entrusted me with their children's education. Thank you to my students for your respect and efforts. I was very proud to be your Naksha-ha's yae!" Nancy Moral, M.Ed., Former teacher for the Seminole Tribe of Florida

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Customer Reviews

I love experiences with the members of the tribe and the accounts of the unique recipes! Especially the famous Seminole Fry Bread!!

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